

IGNOU Study Centre - 38039
IGNOU REGIONAL CENTRE DELHI-3
Practical Sessions – June 2025
Certificate Programme in YOGA (CPY) (Fresh Registrations)



Programme	Course Code	Date	Time	Counsellor	No of Sessions	Meeting Link/ Venue	Total Students
CPY	BYGL-001 (Practical Sessions in Physical Mode)	Nov: 8, 9, 15, 16, 22	9:00-1:00 PM	Mr. Tarun Negi	24 Hours	RC Delhi-3 (Ranganathan Bhawan, C Block, near CGHS Dispensary, Naraina, New Delhi- 110028)	38
	BYGL-001 (Practical Exam in Physical Mode)	Nov: 23	9:00-1:00 PM				

- Mr. Tarun Negi: tarunnegiyog@gamil.com

NOTE FOR LEARNERS:

- ❖ 100 percent attendance is mandatory in the PRACTICAL SESSIONS and passing in internal practical examination is mandatory to appear in term end practical examination.
- ❖ The log-books should be carried by the learners, whenever they participate in practical training and the learners should get it countersigned by the Counsellor.

Dr. Ashok Sharma
Coordinator RCSC-38039